

Spotlight on Student Services

September 2015



C U Y A M A C A
· C O L L E G E ·



Career Center

Contact: Cindy Morrin
Career Center Coordinator
Phone: 619-660-4436

www.cuyamaca.edu/services/career

Office Hours:

Monday: 8:00 am – 6:00 pm

Tuesday – Thursday: 8:00 am – 5:00 pm

Friday: 9:00 am – 1:00 pm

Room A-221

What We Do? – At a Glance

The Career Center provides career and employment guidance to students, alumni, veterans, and the community at large. Our services include career job coaching, career counseling, choosing a major, workshops, online job board for students and employers, job binders, career assessments, career classes, career research information, an annual job fair and much more!

Career Counseling

Call the Career Center to Schedule an individualized counseling appointment.

- Create a Career Educational Plan
- Create your resume and cover letter
- Practice interviewing
- Explore careers, majors, and related websites and resources
- Find your dream career job, an internship, part-time job or seasonal work
- Take our Career Assessments to find out your strengths and skills that match possible majors and careers
- Get answers to your questions!

Fall 2015 Career Workshops

Held at the Career Center unless noted

Resume Writing

Wednesday September 9 12-1 pm

Choosing a Major

Wednesday September 23 9-10 am

Interviewing Techniques

Wednesday October 7 12-1 pm

Resume Writing

Wednesday October 21 9-10 am

Resume Writing for Vets (VET Week)

Tuesday November 3 1-2 pm

(Will be held in the Student Center, 1-207)

Planning Your Future with Vision Boards

Thursday November 12 10-11 am

Social Networking for Career Success

Wednesday December 12 9-10 am

Workshops on NETWORKING will be added soon!

Invite us to Your Classroom

We do classroom visits or you can bring your class to us! We can present on Career Services to your students for any length of time. Pick a topic and we will prepare a presentation, or invite us in to tell your students what we offer. Contact the Career Center to set it up!

Jobs and Internships for Students

Students can look for jobs for FREE on our ONLINE CollegeCentral Job Board from home by registering with their student ID at: www.CollegeCentral.com/Cuyamaca

Students can also come to the Career Center to browse through our job binders and recent job postings. Our staff will help students and alumni find an internship, job, or career. Just stop by and tell us what you are looking for!



Job Board for Employers

Employers can advertise their jobs to our students for FREE! Advertise through our online job board at: www.collegecentral.com/cuyamaca

Employers can also send in flyers or set up a table to talk to students. We welcome your jobs!

CTE Career Enhancement Funds

We are hiring an **Internship Coordinator Job Developer** who will be working at the Career Center to find jobs and internships for students and alumni, specifically in our Career Technical Education programs throughout the region. Please refer interested applicants to:

<http://www.gcccd.edu/auxiliary/auxiliary-employment/job-opportunities.html>

Career Assessments & Tools

The Career Center has a variety of assessments and tools to help students choose a major and career and help students with their job skills. These assessments include:

- Personality Type to help choose a major
- Learning Styles to help choose a career
- Multiple Intelligence Assessment to understand your strengths
- Career Cruising software to help you learn your Interests, Values and Skills for a future career
- Career Professions and College Search Tools
- Interviewing Software Program

Most of our assessments and tools can be taken online at home. Stop by the Career Center for access codes and directions.

Who's New at the Career Center?

Stop by our Career Center to meet our new Staff, Career Counselor, and Career Counseling SDICCCA Intern.

Lisa Rodriguez – Career Counselor

Michelle Campuzano – SDICCCA Career Counseling Intern

Dahlia Aleshaki – Career Assistant

Alex Cintron – Career Assistant

Maryam Gorgees – Career Assistant

Ansam Kahlaf – Career Assistant

Student Services Super Star: Ms. Vanessa Saenz



Vanessa Saenz signed up for the Hire-A-Youth program as a high school junior when she landed a summer job at the front desk of the Admissions and Records Office at Cuyamaca College. Sixteen years later, Vanessa is still here.

“When my summer hours were over, the staff at the Admissions office asked if I wanted to come back,” Vanessa recalled. “I was working about 20 hours a week for about six years, and when a full-time position opened up, I applied, and I was lucky enough to get it. I’ve been here ever since.”

Vanessa, who grew up in El Cajon and graduated from Grossmont High School, now spends her days doing everything from helping faculty members when a student wants to add or drop a class to preparing student transcripts at the request of counselors and coaches. She also recruits international students and makes the rounds at college fairs throughout the region.

How does she sell potential students on Cuyamaca College? “We’re a small community college that can provide one-on-one counseling; we can provide general education courses at the fraction of the cost at a university, and we can offer any number of specialized courses,” Vanessa said.

And she has no intention of leaving. “I love the sense of family here,” Vanessa said. “We’re a small community college where everybody knows everybody and where everyone is so friendly with everyone. I would do it all over again.”



Career Student Success · What's Your Career & Major Plan?

Choose your Path · **E**nd the Confusion · **P**rogress toward Completion
Students can get a **Comprehensive Education Plan (CEP)** by calling the Counseling Office at 619-4429 and making an appointment to meet with a counselor. Be on track with for a timely graduation!