

Emergency Resources

The following resource links are general in nature and available to all Cuyamaca College students and the community at large. Each link has a brief description detailing the services provided by each resource. Please contact the provider directly if you have any questions or need more information.

Savings Programs	Description
Albertsons Shopper Savings Program	New "What's on Sale?" Several saving options including Online Weekly Ads, Online Coupons, Mobile APPs, and Create an Account. No more watching the mailbox or waiting for the newspaper to see all the great offers Albertsons has in store. Now you can get your weekly ad online. It's always here, it's always current and it's always just a click away.
Vons Shopper Savings Program	What is just for U®? Just for U digital coupons make it easy to save. Add offers to your Club Card either online or with the App. Savings will automatically be applied to your purchase in store – no paper coupons needed. With just for U, you get: \$ Coupons & Deals, Your Club Specials and My List. Download Apps: App Store or Google Play.
Ralphs Shopper Savings Program	View Your Weekly Specials! Browse our online ad to see great weekly specials for your local store. Weekly Ads, Online Coupons, Digital Coupons, Shopping List, and Mobile Apps from the App Store or Google play for More savings, More time for you.
Benefits.gov	What is Benefits.gov? The official benefits website of the U.S. government informs citizens of benefits they may be eligible for, provides information on how to apply for assistance learn about FREE MONEY and GRANTS.
Dial 211 San Diego	Serving the entire population of our region, 2-1-1 San Diego connects people with community, health, and disaster services through a free, 24/7 stigma-free phone service and searchable online database. Using the power of technology and innovation, we connect people to the help they need.
East County Career Center	The mission of the East County Career Center is to serve the community by providing individuals the guidance and resources necessary to achieve employment success and to deliver quality workforce services to employers.
SD Co. HHSA / General Relief	Provides temporary cash assistance for eligible county residents who have no other means of support. Any aid received must be repaid to the county. Completed hours of required Job Training may count toward repayment of the debt.
SD Co. HHSA / Immigrants Assistance	The Cash Assistance Program for Immigrants (CAPI) is a state-funded cash aid program for certain immigrants who are not eligible for the federally funded Supplemental Security Income/State Supplementary Payment (SSI/SSP) program.
California Financial Literacy month	Money for College: Tips to help you plan and pay for college from the State of California and the California Student Aid Commission
Help for All Families	Help for All Families aims to inform and help families take advantage of numerous financial aid, assistance, and welfare programs that most Americans don't even know about.
HOPE Inc.	H.O.P.E. Inc.'s mission is to serve low-income single parents working to obtain a college degree by providing assistance in subsidized housing, child care assistance, social services, and life skills.
211 San Diego Services Military & Veterans	Every day in San Diego County, families deal with deployment, separation and reunification with family members, and readjusting to daily life, among the complex maze of issues these individuals face. Often times the most difficult problem is not knowing where to turn when help is needed. No matter if you're a veteran, active military, reservist, transitioning to civilian life or a family member, this website will help you find the help you need.

Savings Programs	Description
SDG&E Assistance Program	San Diego County Assistance - Provides connections to various East County Assistance and County Offices.
USA.gov (Benefits)	Benefits.gov can help you identify grants, loans, financial aid, and other benefits from the U.S. government
Veterans Affairs of CA.	Cal Vets website provides Education, Employment, Healthcare and Housing Assistance and Information for California's Veterans.
Veterans Crisis Intervention	The Veterans Crisis Line connects Veterans in crisis and their families and friends with qualified, caring Department of Veterans Affairs responders through a confidential toll-free hotline, online chat, or text.
Veterans Community Service	Serving Veterans Community Catalysts of California (CCC) experience and expertise in helping individuals with disabilities find work and homes led us to partner with Naval Medical Center San Diego and other veterans organizations to offer transitional services to wounded and disabled service members returning to civilian life. (and more)
Veterans Homeless Assistance	For very low-income Veterans, SSVF provides case mgmnt. & supportive services to prevent the imminent loss of a Veteran's home or identify a new, more suitable housing for the individual and their family; or to rapidly re-house Veterans and their families who are homeless
DentalPlans.com	ABOUT US: We Help Make Beautiful Smiles. Our affordable plans save you 10% to 60%, depending on the service you need. Some plans even include a free cleaning. We also offer vision and pharmacy so you can save even more. Why Dental Savings Plans? With dental savings plans, there are no annual caps or limits—use as often as needed. And, there are no waiting periods.
eHealth Insurance.com	The Program: How Does CA Dental Insurance Work? California dental insurance works in much the same way that medical insurance works. For a specific monthly rate(or "premium"), you are entitled to certain dental benefits, usually including regular checkups, cleanings, x-rays, and certain services required to promote general dental health. Some plans will provide broader coverage than others and some will require a greater financial contribution on your part when services are rendered.
Dental Insurance.com	The Program: Offers free quotes and information on California dental insurance providers, allowing customers to compare plans side by side in order to choose an affordable plan that's right for them. The available types in California include: DHMOs (Dental Health Maintenance Organization) PPO (Preferred Provider Organization) Indemnity Plans Dental Fee Schedule Discount Dental Plans
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