

# **Cooperative Agencies Resources for Education**

**CARE Orientation**



# What is CARE?

- A State funded program designed to increase recruitment and retention for single parent community college students with an educational disadvantage and high financial need
- Our mission is to help you work toward your educational goals

# Who is eligible for CARE?

- Students who have been determined eligible for EOPS and meet the following criteria:
- Single parent who is the head of a household
- Student who is at least 18 years of age
- Student with a child under the age of 14
- Student or their dependent child receives TANF/CalWORKs

**CARE students receive the following coordination/  
counseling services and those in good standing  
MAY receive additional assistance as listed below**

- Coordination of services with CalWORKs or the S.T.E.P.S. program
- Academic, vocational and career counseling
- Childcare grant
- Gas cards
- Meal coupon
- Book bags and planners
- Holiday party and toys for children

# Mutual Responsibility Contract (MRC): Guidelines for CARE

- Enroll in and complete the required number of units as recommended by the CARE counselor
- Maintain GPA of 2.0 or higher
- Notify CARE counselor of any changes to class schedule
- Attend CARE orientation every school year
- Attend 2 scheduled seminars per semester

# Mutual Responsibility Contract (MRC): Continued

- Make sure that your student education plan (SEP) and registration for the next semester is completed by the end of your current semester.
- Complete an exit interview before leaving EOPS/CARE or Cuyamaca College.

## **Attendance is mandatory for the following events:**

- CARE orientations. Sign in sheets are at the EOPS counter, RSVP is mandatory.
- TWO SCHEDULED Seminars. Sign in sheets are available at the EOPS counter along with the dates and times.
- Annual Holiday Workshop. Notice for this event will be mailed to all eligible CARE students.

# Important Dates to Remember

- “Agency Certification – Untaxed Income” form (TANF) is due annually
- MRC due annually (after CARE orientation)
- Childcare Attendance Sheet is due by the end of each month that it reflects, every semester
- Child Care Verification is due at the start of each semester
- Seminars are scheduled on a monthly basis, at least 2 must be attended



# Tips and advice on how to have a successful semester with CARE

- Start Well! Check on your EOPS and CARE file before the semester begins. Complete required petitions and submit updated documents for the CARE program.
- Get familiar with CARE staff
- Get familiar with CalWORKs staff
- Complete seminars early in the semester.
- Submit the Child Care Verification and TANF verification early
- Submit the attendance sheets early
- Use your CARE/CalWORKs planner to write down due dates for required documents.

We are what we repeatedly do.  
Excellence, therefore, is not an  
act but a habit.

**-Aristotle**

If you're walking down the right  
path and you're willing to keep  
walking, eventually you'll make  
progress.


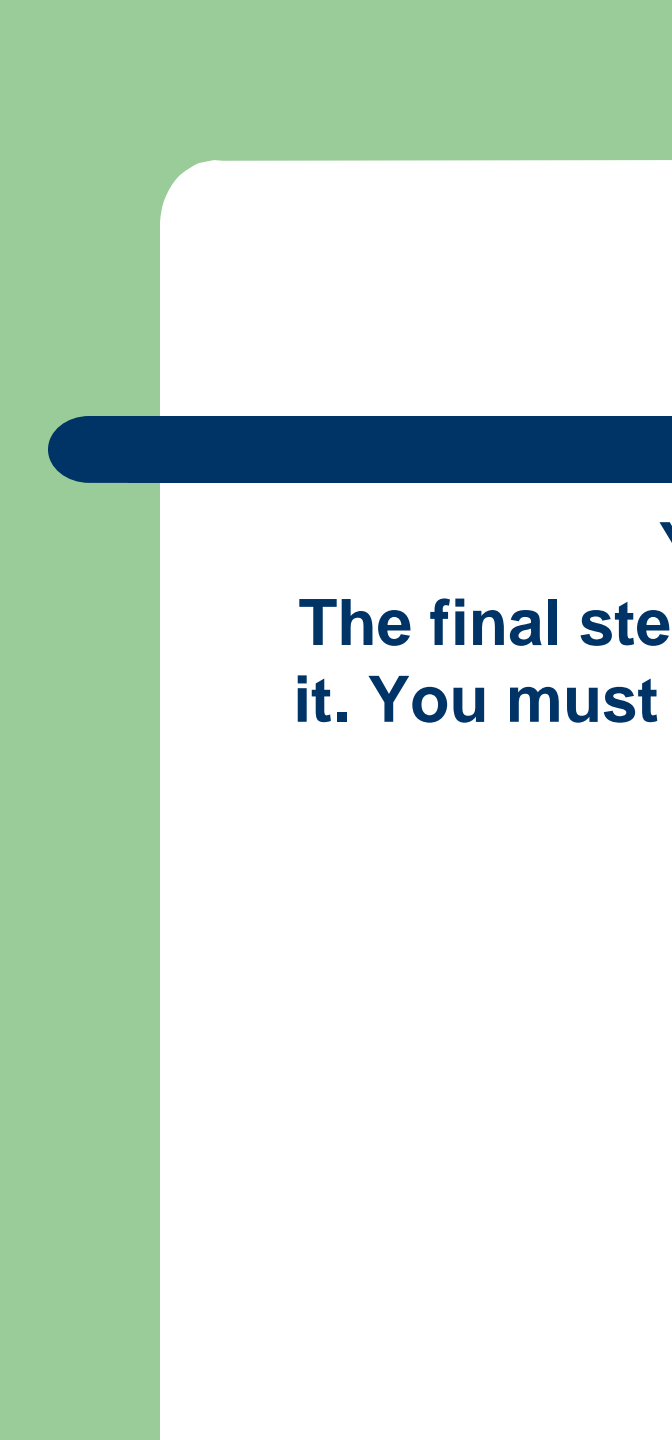
**-Barack Obama**



# We want to help you get the tools you need to succeed!

Here is how you contact us:

- Phone: (619) 660-4293
- Email: [cuyamaca.eopscounter@gcccd.edu](mailto:cuyamaca.eopscounter@gcccd.edu)
- EOPS website:  
<http://www.cuyamaca.edu/services/eops/>
- EOPS office is located in A-300  
(next to Financial Aid)



**You are almost done!**  
**The final step is to take a short quiz and submit it. You must click on the link below and take the quiz.**

[CARE Orientation Quiz](#)