



Cross Cultural Center  
Cuyamaca College

# DIVERSITY DIALOGUES



CUYAMACA  
COLLEGE



## FALL SEMESTER 2018

### PURPOSE

These workshops, which will be offered on a regular basis, will focus on a variety of diversity awareness and social justice topics. Students will receive a stamp for every workshop they attend—students, who have completed

a minimum of three workshops during the Fall and Spring Semesters, will earn a “Diversity & Leadership” co-curricular certificate and will be recognized for their efforts at the Student Leaders Reception in May.

### WORKSHOP SCHEDULE

#### Developing a Positive Multicultural Orientation towards Diversity: Self-Reflection about our Diverse Identities and Cultural Orientation

September 13, 2018

3:00 to 4:00 PM

Student Center, I-207

Presented by: Mayumi Y. Douglass, M.S., Licensed Marriage and Family Therapist & AAMFT Clinical Supervisor

This workshop is intended to normalize the fact that we all have certain limitations or biases engaging with cultural issues, and to explore individuals or groups that result in negative reactions. The goal is to increase our awareness about cultural prejudices, and make consistent efforts to engage with other culturally diverse individuals.

#### The Border Corrido: Music of Resistance

September 26, 2018

12:30 to 1:30 PM

Student Center, I-207

Presented by: Dr. John Escobedo, Director of Title V Activities

Américo Paredes tells the story of Gregorio Cortez, the man and the legend, in vivid, fascinating detail in “With His Pistol in His Hand.” From this historical narrative, a unique study of a musical ballad evolved in the form of the corrido. Deftly woven into the corrido of Gregorio Cortez are interpretations of the Border country, history, people, and their folkways. Please join this workshop to discuss the development of the border corrido and its evolution into a musical genre imbricated in history, folk culture, and marginal heroes.

#### Aversive Racism and Microaggressions

October 11, 2018

3:00 to 4:00 PM

Student Center, I-207

Presented by: Mayumi Y. Douglass, M.S., Licensed Marriage and Family Therapist & AAMFT Clinical Supervisor

In this session, we will explore our assumptions on the basis of cultural group membership. We will discuss three types of microaggression messages and various categories of racial microaggressions. Students will identify and share personal experiences.

#### Sino Tayo: Miseducation and Misrepresentation in the Filipino Community

October 15, 2018

2:00 to 3:00 PM

Student Center, I-207

Presented by: James Diokno, Executive Director Barangay Arts & Cultural Movement (BACM)

The Philippine Islands comprise more than 7,000 islands and hundreds of distinct language and ethnic groups, but what does it mean to be Filipino or Filipina? This presentation will discuss how many Filipinos and Filipinas struggle with miseducation about ethnic identity and cultural representation.

#### Model Minority or Minority Model? Filipinos and Perceptions of Asian Status

October 29, 2018

2:00 to 3:00 PM

Student Center, I-207

Presented by: James Diokno, Executive Director Barangay Arts & Cultural Movement (BACM)

Filipinos and Filipinas represent one of the largest Asian groups in the United States and the largest in California. Aside from their geographic location, people from the Philippines differ from other Asian communities in the United States for a number of reasons. This has called into question whether or not Filipinos should be included as a part of the generalized Asian experience in the United States. This presentation will discuss how Filipinos contribute to or dispel perceptions of the Model Minority myth.

#### Share the Dream UndocuAlly Training

November 8, 2018

1:00 to 3:00 pm

(Double Credit Event)

Student Center, I-207

Presented by: Mary Garcia, Counselor

Cuyamaca College's United Dreamers Organization invites you to participate in our UndocuAlly Training. This training has been designed to guide the Cuyamaca community in learning how to support our undocumented student population and officially recognize you as a campus UndocuAlly.

All staff, faculty, and students are encouraged to participate. Upon completion, you will receive a certificate and pin to symbolize your solidarity.

#### Developing Cultural Humility

November 15, 2018

3:00 to 4:00 PM

Student Center, I-207

Presented by: Mayumi Y. Douglass, M.S., Licensed Marriage and Family Therapist & AAMFT Clinical Supervisor

The practice of cultural humility is described as a life-long and self-reflection process focused on our own biases and perceptions about others. The goal of this session is to increase our sensitivity to the importance of diversity and respect for cultural differences.

If you have attended three Diversity Dialogue workshops during the 2018-2019 school year, please return your signed form to Lauren Vaknin in the Student Affairs Office (I-120) by May 10, 2019.

For additional information on the Diversity Dialogue Program, please contact Lauren Vaknin in the Student Affairs Office at (619) 660-4295.

Sponsored by:  
Student Affairs,  
Associated Student Government &  
Equity and Engagement